

PROBLEM SOLVING GENIUS MINDSET

**“No problem can be solved from
the same level of consciousness
that created it.”**

(Albert Einstein)

**sugar snaps
university**

**EFFECTIVE PROBLEM SOLVING STRATEGIES
THAT YOU CAN HABITUALLY PRACTICE-
INTRODUCTION**

PRESENTED BY: HARMONY THIESSEN

HARMONYTHIESSEN.COM

[720-507-0788]

EFFECTIVE PROBLEM SOLVING STRATEGIES THAT YOU CAN HABITUALLY PRACTICE- INTRODUCTION

DEFINE IT AS YOU SEE IT

WRITE DOWN THE PROBLEM YOU ARE FACING AS YOU UNDERSTAND IT TO BE NOW – BE SPECIFIC, BE PERSONAL, BE HONEST.

Although you feel it, see it, live it, and breathe it; step up with courage, determination and resolve. The answer you need is literally right around the corner of your brain.

LET GO OF CONTROLLING THE PROCESS

A BIG BARRIER FOR SO MANY – WE WANT THE OUTCOME A CERTAIN WAY AND WE LIMIT ALL OTHER POSSIBILITIES BY THE WAY WE ALLOW OUR MINDS TO SYNTHESIZE INFORMATION.

Start training your brain with new techniques and thinking processes. It goes stagnant, like a pool of water with not outlet unless you mix it up, shake it out, and move the cobwebs.

How long could you give yourself to be open to the wildest ideas? One minute? One Hour? A day? A month?

Make a commitment: I will give myself till _____ to take the limits off my thinking. Then I will get serious about processing possibilities.

FINISHED PERSONS ARE VERY COMMON- PEOPLE WHO ARE CLOSED,
QUITE SATISFIED THAT THERE IS LITTLE OR NOTHING MORE TO
LEARN. *ROBERT HENRI

REDUCE THE CLUTTER

NOISE. PRETEND IT'S POSSIBLE. LIMIT CONTACT WITH THE PROBLEM. DON'T TRY SO HARD.

The more you think like you have a problem the less you think like you have a solution. Find ways to trick your brain into its powerful genius state.

Jot down some ways you can think of to change your context – so you can think differently. What could you totally differently than you have been doing to change your mindset?

- | | |
|---|----------|
| 1 | I could |
| 2 | I might |
| 3 | What if |
| 4 | I'll try |
| 5 | I will |

REMAIN

DON'T JUMP. THE FIRST SOLUTION MAY NOT BE THE BEST SOLUTION. LOOK FOR 3 OR MORE BEFORE YOU LEAVE THE SOLUTION STAGE. Every solution should pose a new question. (this is not so introductory – but you are a genius... just practice!)

Great ideas on this side

New questions on this side

1.	@
2.	@
3.	@
4.	@
5.	@

IF YOU DO NOT KNOW HOW TO ASK THE RIGHT QUESTION YOU LEARN NOTHING. *W. EDWARDS DEMMING

THE REAL PROBLEM IS USUALLY TWO OR THREE QUESTIONS DEEP...
*JIM ROHN

THINK TANKS

CULTIVATE CREATIVITY! ALLOW OTHER TEAMS TO FEED YOU IDEAS. DO THE SAME FOR OTHERS. CREATE INTERNAL THINK TANKS.

Who do you know who might want to play with you? Play with ideas. Tackle problems for the fun of it?

Other groups/teams to connect with	People who may be interested in THINK TANKS
1.	@
2.	@
3.	@
4.	@
5.	@

WHAT ACTION TO TAKE TO MAKE THIS INFO USEFUL?

Step	Action	Due date for completion	% complete
1		[Date]	%
2		[Date]	%
3		[Date]	%
4		[Date]	%
5		[Date]	%
6		[Date]	%

YOUR LIMITATIONS FORCE INGENUITY AND CREATIVE GENIUS.
WELCOME THEM! USE THOUGHT EXERCISES TO IMPOSE THEM AND
CREATE WAYS TO BREAK FREE...JUST FOR THE FUN OF IT. TRAIN YOUR
BRAIN! *HARMONY THIESSEN