

HAPPINESS is an Inside Job With FULL-TIME Benefits

a visually, emotionally and intelligently stirring Presentation on Perspectives

keynote Presentation by Harmony Thiessen

Keynote presenter Harmony Thiessen has spoken to over 200,000 people in over 20 countries for over 20 years! Born to inspire, Harmony's expertise is in creative thinking, design, development, and problem solving. Imaginative and visual presentations drizzling with humor and poignant truths highlight every presentation she offers.

After a 20-year career in human relief and development in developing countries, Harmony has owned several small businesses: speakers coaching, marketing, digital marketing, communications, and art related retail products. Harmony's graduate studies majored in education: leadership and curriculum design. She serves on several leadership teams in business, was a member of the Disaster Relief Management for the Canadian Red Cross, and works as a court appointed advocate for Children. (CASA), serves in the Colorado Women's Chamber of Commerce and is a speaking member of the E-Women Network.



Founder of SugarSnapsUniversity.com, Harmony is determined to produce a wide range of online courses for instruction in introductory and immediate and advanced problem solving studies. Having lived in Canada for decades, she recently returned to the United States and currently resides in the Denver area.

Harmony Thiessen

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FEATURES OF THE PRESENTATION

Happiness is an Inside Job with Full-Time Benefits is about perspectives and our personal and professional perceptions of what would make us happy. What would be success? When have we arrived? What to do in the meantime? How do we stay fulfilled, content, and moving forward while we wait for our turn to be happy?

Perspectives and perceptions of happiness oftentimes preclude one from ever enjoying such bliss. That dissatisfaction breeds failure. It limits our performance and reduces our lives to an eternal chase.

Harmony addresses taboo concepts with humor, color, and key thoughts that transform the work we are doing or the goals we pursue into a journey that includes happiness in a moment-by-moment adventure.

Key Points – Addresses values, emotions, attitudes, determination, self-awareness, depression

1. **Happiness without proactive choice is elusive at best.** (dynamic visual tools applied to show this experience.)
2. **Happiness can be experienced in the most mundane tasks and “seasons”**
3. **Happiness will form a dynamic chain reaction in life and success will surprise us.**
4. **ANYONE can experience happiness. No Matter What the Circumstance.**
5. **Happiness is the gift we give to ourselves and benefits the world**

Key Audiences

Annual conferences, sales conferences, association conferences, and organizations on a mission!

Planning Points

1. **This is a 60-90-minute presentation.** Ninety minutes is preferred for full visual effect.
2. **All materials** for the presentation are provided within the speaker's fee.
3. **Presentation fee:** \$4500 US plus travel expenses and accommodation. Harmony will always look to book as many events in your area as possible and booking arrangements for flights and rooms will be handled by our office to encourage expense fee distribution among all parties.
4. References are happily provided by our office and are liberally dispersed on the website.
5. Harmony travels from Denver, CO
6. More information and videos available at <http://harmonythiessen.com> Or call 720-507-0788

